

ANNUAL REPORT
2022-2023
SARS TRUST



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Dear friends and well wishers,

My heartiest greetings to you all. It's my privileges as well as honor to prepare and present this annual publication that tells the activities of SARS TRUST for the year ended at 31st March 2023. Throughout the year, our organization was continuously putting its sincere efforts to provide effective service to the people at a large to whom our organization is dedicated since its inception 2018. SARS TRUST is also registered with 12A, 80G, CSR1 and NGO Darpan. During this period, the functionaries including the inmates have discharged their responsibilities independently, acting as intermediary link with the Governing Body at the apex and the people of the grass-root levels. It has been actively involved with their never ending problems and evolving strategies for the development of the underprivileged and exploited people of the society. On one hand when we look forward to improve the health, educational, economical status of the poor people, on the other we give equal emphasis on overall social development aspects. We welcome you all in this long journey with us towards future prosperity so that in the coming years we can do better to achieve the mission of our organization. We express our sincere thanks and gratitude to all of our well-wishers, Govt. funders, supporters and donors and also acknowledge the dedication of our staff members at all levels for working diligently with high degree of commitment. I express my gratitude to you all for your valuable support and cooperation both in cash and kind. Let us march ahead for the underprivileged.

Thank you,

Secretary
SARS TRUST

Activities of the Trust:-

During 2022-2023 main activities of the Trust were as under:-

- SARS TRUST is a Trust which is organized and founded by Mr. Saurabh Varshney.
- This TRUST is typically a part of larger public Health System and is open to all Age group of Population. Our aim is to provide basic Health Solution to all age group.
- SARS TRUST is a non profitable Trust dedicated to improvement of Health for the suffering population which includes SC/OBC/Minority and Weaker section Communities in Aligarh, Hathras and other neighbouring districts of U.P..
- The trust runs 220 beaded hospital known as R. G. Medical College and Research Institute at Sasni, Hathras, U.P. which is located in the heart of City. It serves the population for improving their ailing health.
- It also runs 3 courses in the field of Medical education e.g. –

1. R.G. College Of Pharmacy

Mamauta Khurd near
Mangalayatan Mandir,
Hanuman Chowki-
Sasni (Hathras) 204216
Year of Starting 2019
Courses- : B.Pharma - 240 Students
: D.Pharma - 120 Students

2. R.G. College Of Nursing And Paramedical

Mamauta Khurd near
Mangalayatan
Mandir, Hanuman
Chowki- Sasni
(Hathras) 204216
Year of Starting :
2021

Courses- : G.N.M- 120 Students
: B.Sc Nursing 80 Students

3. R.G. College Of Ayurvedic Nursing and Pharmacy

Mamauta Khurd near Mangalayatan Mandir, Hanuman
Chowki- Sasni (Hathras) 204216
Year of Starting 2019
Courses- : G.N.M (Ayurvedic) - 90 Students
: D.Pharma (Ayurvedic) 100 Students

Vision

- The Trust has a vision to provide world class medical facility to the poor tribal population at a very economic rate. It has also another vision to educate the tribal population in medical related courses to make them self dependent.

Mission

- Through effective treatment and medical related education the health and economic status of the tribal population can be elevated.

Scope of services are :

- General Surgery
- General Medicine
- Gynecology
- Orthopedics
- Neurology

- Burn and Plastic Surgery
- Laparoscopic Surgery
- Oncology

The hospital is accredited to **NABH** which is highest level of Medical Quality control system in our country.

The Trust is running also many courses related to medical science which makes the trust unique.

ACHIEVEMENT

R. G. HOSPITAL and MEDICA Research Institute has been established in the year 2021 and registered as a Trust on 22-05-2018 Since then it is serving the suffering population. Morethan 200 staffs are working with hospital and Trust including technical and non-technical staffs.

We have treated :

Year	OPD	IPD
2021	66918	1870
2022	66200	3662
2023		

OVERVIEW OF THE YEAR

Medical camp in rural areas of Hathras District, U.P. –

- At least 18 camps was organized in the year 2022-23 and on average 500 patients turned out in the camp.
- At least 16 camps was organized in the year 2021-22 and on average 400 patients turned out in the camp.
- At least 10 camps was organized in the year 2020-21 and on average 350 patients turned out in the camp.
- At least 10 camps was organized in the year 2019-20 and on average 280 patients turned out in the camp.
- At least 12 camps was organized in the year 2018-19 and on average 200 patients turned out in the camp.



CAMP DAY- 10 MAY-2021

EDUCATIONAL PROGRAM



INDEPENDENCE AND REPUBLIC DAY CELEBRATION





EYE CAMP FOR POOR PEOPLE:-



OTHER SOCIAL ISSUES COVERED BY THE TRUST ARE AS UNDER:-

Animal Welfare:-

Trust is working for welfare of animal since its inspection. In present time animals are facing proper care and medical negligence. As per need our Trust provide facilities. Like treatment, feeding, medical checkup etc.

Awareness Camp for Agriculture

In Hathras and other districts of Uttar Pradesh State people are far behind from agriculture new technology our Trust is providing training to people about new technology with focus to vermin-compost and organic farming agriculture to increase their income.

Medico legal Aspect

Many a times during the treatment patient may get annoyed or some times there is death of the patient during treatment in this situation patient may sue the doctor and the hospital and they can file a case in the district consumer forum, state consumer forum or national consumer forum. For these rainy days we purchase indemnity bond from different insurance companies. He looks after the case from district forum to the national forum and supreme court.

Rain Water:-

In Present time water level is going too much down side every year due to urbanization and low rain. So we promote the people for adoption of rain water harvesting system to upgrade the water level for protection of human life and solving of water problem.

Health Programme:-

SARS TRUST running a dispensary free of cost to rural people at district headquarter and other block head quarter. Main motive of Trust is to aware the people about health related various issues. In present time due to lack of knowledge people for facing various type of diseases like COVID-19, heart, cancer, malaria, dengue, Sugar, BP, Blood donation camp etc. but lack of medical facilities in rural areas people are not aware so Trust has setup a dispensary and also organizing awareness camps on various issues. We also organized eye check camps.



CAMP DAY- 08 APRIL-2022

Family Counseling:-

Due to modernization of Trust and electronic media no doubt people has aware but other bad impact is family disputes has also increased. Every year morethan 100 cases solve by Trust with the help of family counseling centre. We promote the people for adoption of joint family culture.

Child Labour Protection Camp:-

A programme on Street Children/Working Children was organised by the Trust on labour day. In this programme the voluntary aware the public about Street Children, Working children and told them about labour act the participants. The Trust has organised various camps at Hathras, Aligarh district for the welfare of women & child labour in the various villages and towns. Morethan 150 people were aware for prevention of child labour. Trust is also running Open shelter home for children who are neglected by the Trust.

Rural Development Programme:-

To impart knowledge on the importance of sanitation and clean surroundings, awareness campaigns organised at Hathras district. In this campaigns, the Trust organise Wall writing & painting, Kalajatha & Nukkad Natak, Chaupal baithak, Rally with school children. Important issues such as the use of bathrooms, sanitary latrines, soaps, filters and drinking water, construction of low cost latrines and purchase of lowest materials were discussed in the camps. Guidelines were provided to make use of Government's help in constructing low cost latrines.

Vocational Training for women and Adolescent Girls:-

The Trust is providing vocational training to adolescent girls with focus to weaker section women for improving their livelihood. They are trained in various skills such as beautician, short hand and typing, stitching, Computer training, embroidery, tailoring and handicraft, agriculture training, fisheries training, goatery, horticulture etc. They are also involved in various other income generating schemes such as making of paper and file folders. The organization is actively engaged in the advocacy of the needs and rights of these adolescent girls, and raises issues related to their welfare in various seminars and workshops held from time to time at Hathras and other districts of Uttar Pradesh.

Computer Training

In present time demand of computer courses has increased so Trust is running Computer Training Centre. Every year 100 youth were trained in the programme. This is very success programme because demand of computer trained has increased day by day. This programme is running in Hathras and other districts of Uttar Pradesh.

Beauty Parlour & Fashion Designing Training Camp

In women and young girls demand of beauty parlour and fashion designing courses has increased because of awareness in both rural and urban women and girls and increasing of purchasing capacity of people. We are providing training to 100 students every year. This programme is running in Hathras and Aligarh district of U.P.

Women Awareness

Our Trust believes that economic empowerment of women transforms them into powerful agents of social change. Its aspiration to create enduring value for the nation. Our mission, (i) Empowering farmers (ii) Greening wastelands (iii) Irrigating dry lands (iv) Creating women entrepreneurs (v) Educating rural/slum children. We solve the problem of women by legal expert of society.

Yoga Camp

In present time demand of yoga courses has also increased because of lack of time of morning and evening walk, less physical work and weak immunity system. We organized yoga camp free of cost to community people. As per need older person help at their door step.

Family Planning cum Nutrition-

This year the family planning was initiated with the participation of the community. In this programmes pregnant women and children less than 3 years of age were administered monthly rationed nutritious food with the objectives of improving their health status. This was an integrated programme in which infant growth monitoring, health education session and formation of women groups were initiated. In this programme we covered about 250 beneficiaries, which had a great impact on the poor class community Aligarh and Hathras district.

Farmers Training Programme

Trust is focus on fisheries, agriculture, horticulture and rainwater training to rural people with focus to SC/OBC/weaker section community. This training

has improved socio-economic condition of trained community people. This has also improved their technical knowledge. Trust has run this programme successfully in various districts of Uttar Pradesh. Nearly 100 farmers benefited during the year by expert of agriculture and allied sector.

Old Age Centre cum Help Line:-

Organization provides 24 hours service to needy older people. Nearly 100 older peoples are member of the Trust. Time to time organization staff visited their houses regarding to know the health, social, moral status of the older persons.

Organizing Social Awareness Programme to OBC,SC/ST Women:-

The Trust has been very active in launching campaigns for social awareness among the masses. The Trust creates awareness on various social issues such as, environment protection, dowry system, Yoga camp domestic violence against women and child labour, employment security for employer and employees in pvt. Sector and multinational companies, legal aid to needy people, consumer awareness etc. The Trust actively engaged in educating people living in backward areas about the danger of AIDS, Drug Addiction and Alcoholism. We work with people at grass-root level and ensure active participation of people.

Handicapped Distribution:-

We are providing the support of equipment and other medical facilities to disabled persons. We promote to people for donation to poor and handicapped both in cash and kind. We are working in various districts of Uttar Pradesh State. Morethan 50 handicapped people benefited under government schemes.

Free Distribution of Material:-

Trust has distributed so many items like cloths, books, blanket, medicine etc. during the COVID19 period in Hathras and other districts. More than hundred people were benefited every year.

Plantation:-

As we know pollution is increasing day by day due to cutting of trees and urbanization of rural areas. Our Trust distributed plant for promoting the plantation work and protection of environment. More than 100 trees every year distributed by our Trust in urban and rural areas. Not only this, we also provided guidance of expert of agriculture scientist.